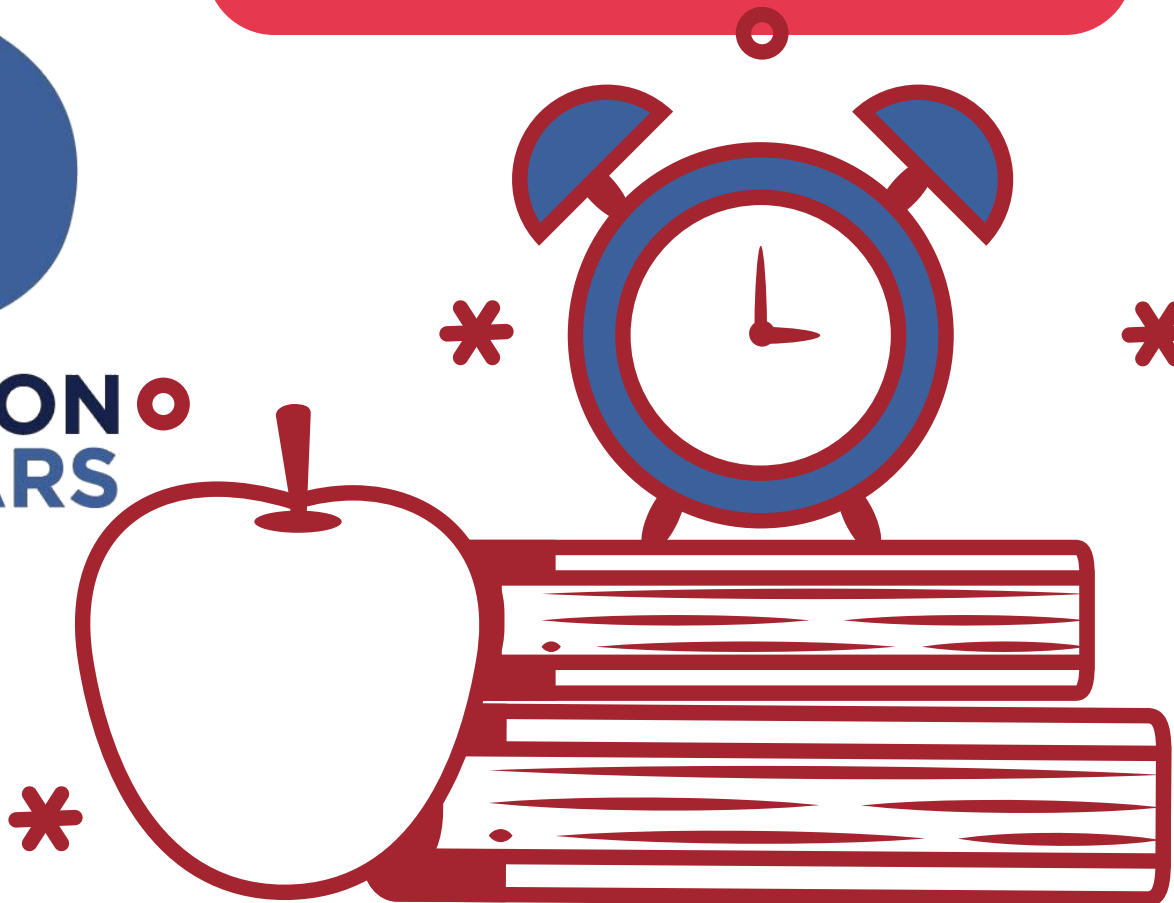


DISTANCE LEARNING GUIDE



STOCKTON ○
SCHOLARS

*tips + resources
for parents teaching
their kids from home*





COORDINATE WITH TEACHERS

Follow the learning plans, but have a chat with the teacher to learn what is expected of them and of you. Build a workflow that works for your child and your family.



SET A SCHEDULE...

You may be following a lesson plan, but it's up to you and your child to set how you'll work with it. If you do have the flexibility, set up times for study and breaks at times that work with your child and family.



...BUT BE FLEXIBLE

Changes do happen. Even if you have lesson plans and study schedules, home school is a new scenario for many. Don't be too hard on yourself. Allow time to adjust.



LEAN IN TO YOUR CHILD'S NATURAL INTERESTS

If your child is really engaged and self-driven on certain topics, schedule these topics during times where you can take a mental break or focus on other work.



CONNECT WITH PARENTS

Mailing lists of group chats are helpful. You can chat with parents going through home school the first time, share stories, get tips. Times may be hard but you don't have to go through it alone.



FIND SOME ONLINE RESOURCES FOR...



- Worksheets and Activities
- Online quizzes
- Focus timers



RESOURCES

Stockton Scholars support with Scholarship

Hotline: 209.800.8780 **Email:** help@stocktonscholars.org

Childcare Information & Resources

<https://www.stocktonstrong.org/childcare/>

Local Behavioral Health Resources

<https://www.stocktonstrong.org/mental-health/>

Resources for All Students

<https://www.stocktonstrong.org/student-resources/>

SUSD Family Resources

<https://www.stocktonusd.net/site/Default.aspx?PageID=761>

Self Care Plan

<http://bit.ly/NCANselfcareplan>

