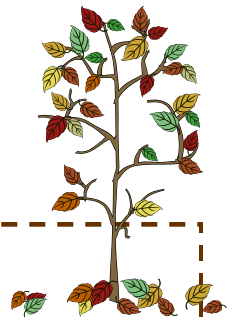


## Fall Fun Activities



### Learning Time

#### Fall Walk

1. Discuss signs of Fall.
2. Everyone can take a walk and look for colorful leaves, pinecones, pine needles, cocoons, and other signs of autumn.
3. Collect in paper bags any "treasures" - twigs, stones, fallen leaves - found along the way.



#### Fall Poem

You will need: red, yellow, and brown leaves

1. Hold up appropriate color leaves while everyone says this fall poem.  
One, two, three pretty leaves I see.  
One is red , one is yellow.  
One is brown-a funny fellow.  
One, two, three pretty leaves I see.
2. Each child can pretend to be a leaf blowing in the wind and floating slowly to the ground.

### Snack Ideas

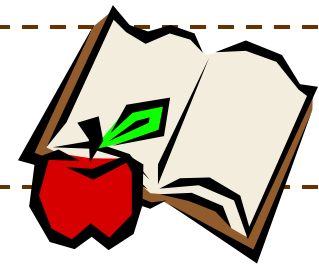
- Serve cut up apples with yogurt dip.
- Serve granola and carob chips with milk.

### Snack / Learning Time

#### Yummy No-Bake Cookies

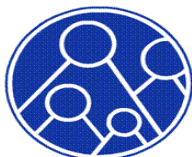
- 2 cups sugar
  - 5 tbsp. cocoa
  - 1/2 cup milk
  - 2 1/2 cup quick oats
  - 1/4 lb. butter
  - 1 tsp vanilla
1. Let children mix first 4 ingredients.
  2. Boil mixture for 1-1/2 minutes.
  3. Remove from heat and add vanilla and oats.
  4. Beat until stiff.
  5. Let children drop mixture by spoonful onto waxed paper.
  6. Let cookies cool.

### Story time



#### Opposite Game

1. Say a word and have child say a word that means the opposite . For example: stop-go under-over, up-down, in-out, happy-sad, hot -cold, no-yes, sick-well.
2. Tell a story about a little boy who always did the opposite of what he was told. For example: "If his mother told him to wash his face, he would get it dirty. If his father told him to speak quietly, he would speak loudly."
3. Suggested Books:
  - Leaf Man by Lois Ehlert
  - Mouse's First Fall by Lauren Thompson
  - Pumpkins, Pumpkins by Jeanne Titherington
  - The Lonely Scarecrow by Tim Preston



## Art

### Fall Collages

You will need:  
paper plates  
treasures from fall walk  
glue  
marking pen



1. Help children print the word "fall" onto plates.
2. Children can glue fall treasures on paper plates.

### Fall Tree

You will need:  
Construction paper in fall colors  
Marking pens  
Glue



Have each child:

1. Draw a tree trunk and branches on a piece of construction paper;
2. Tear small leaf shapes from various colors of paper;
3. Glue leaves on tree;
4. Glue some leaves at bottom of paper to show that autumn leaves are falling off tree.

### Leaf Impressions

You will need:  
Crayons  
Lightweight paper  
Paper clips  
Fall leaves

Help each child:

1. Place leaves between 2 sheets of paper;
2. Clip the sheets together;
3. Rub crayon over entire surface and see leaf impressions appear "like magic".



## Music

- Let children take turns tumbling and practicing cartwheels to music.
- Cut large leaves from construction paper and tape leaves to the floor. Then play music "musical leaves" with the children. (Just like musical chairs.)



### Finger Play and Songs

"Open , Shut Them"  
"I'm a Little Teapot"  
"Wheels on the Bus"  
"Happy and You Know it"  
"Where Is Thumbkin?"  
"Teddy Bear"



## Indoor Play

- Have several pairs of socks available in different colors and sizes. Let children mix and match them.
- Let the group help make playhouses by covering tables with sheets. Encourage imaginative play.

## Outdoor Play

### Painting with Grass

long grass  
water in bucket

Children can:

1. Dip long grass into bucket of water.
2. Use grass like a brush and paint on cement.



### Jumping through Leaves

1. Take turns raking leaves outside;
2. Huddle down in pile of leaves;
3. Count to 3 out loud and then jump up;
4. Walk and run in leaves to make crackling sound.

### Balloon Kite

Inflated balloons  
Marking pens  
Strings

1. Have children gently draw faces or designs on balloons.
2. Help children attach strings to balloons.
3. Have them run with balloons, letting balloons "fly."

